

PSALMS

Psalm 1. The Right Path

“Blessed be the person who does not stray,
Who shuns ungodly advice and sinners way.

Who heeds not the sceptic but finds delight,
In God’s law as guide both day and night.

He’ll be like a tree growing beside a river,
Fruitful in season with leaf fading never.

All he does will prosper the wicked are not so,
But as chaff in the wind are blown to and fro.

The coming judgment the ungodly rightly fear,
For in the assembly of the just they’ll not appear.

On that day the wicked shall be overthrown,
And the deeds of the godly will be made known.”

Psalm 2. God’s Just Rule

“Why do the heathen rage and vanity pursue,
Seeking glory and status with fuss, much ado.

Plotting against the Lord and his anointed,
Saying we will not follow God’s appointed.

From heaven God shall laugh at them,
In anger he’ll judge them justly then.

And confirm Messiah as God’s appointed,
And over Zion he’ll be the king anointed.

This decree I declare, the Lord’s said to me,
You’re my only Son, I have begotten thee.

The heathen I’ll subject to your just rule,
Earth’s kingdoms shall be your footstool.

With an iron rod you’ll break them like clay,
So kings and judges wisely rule God’s way.

Serve God with fear and people with mirth,
So all may prosper here, on God’s good earth.”

Psalm 3. The Lord’s Protection

“O Lord my God, many foes against me rise,
But in you alone my strength and hope lies.

You are my shield, the up-lifter of my head,
I cried and from his holy hill the Lord said.

I slept at night, all day God sustained me,
I will not fear though enemies surround me.

Save me today O Lord and smite my foes,
For salvation is yours and your blessing is ours.”

Psalm 4. Being God’s Friend

“Hear my call, O God of righteousness,
Listen to my prayer when I’m in distress.

You sons of men and lovers of vanities,
How long will you scorn God and follow lies?

The godly one the Lord as friend will choose,
And he will hear him and his prayer not refuse.

Fear God and be silent don’t sin but bring,
Offerings of righteousness, let God’s light shine in.

In my heart God’s great joy is found,
More than where food and much wine abound.

I’ll lay down in peace and enjoy quiet sleep,
In the Lord I dwell in safety me he’ll keep.”

Psalm 5. God Judges Good and Bad

“Hear my words O Lord, my meditation weigh,
Heed my cry my king as I to you now pray.

Each morning to you my prayer I’ll direct,
And looking and listening your answer expect.

For you do not in wickedness delight,
Evil can’t know you or fools be in your sight.

Bad people and liars cut off will be,
Murderers and deceivers your face won’t see.

But I will come to your house to find grace,
And worship in awe in your holy place.

Amongst foes O God lead me in righteousness,
On a straight path guide me and mine bless.

No truth can come from evil men’s mouths,
Their tongues only flatter a tomb is their throat.

O God defeat them, may they be quelled,

Judge all their sins, against you they rebelled.

Give those who trust you much joy and song,
For you have saved them, to you they belong.

For the righteous, you blessings have sealed,
And surround with your favour as with a shield.”

**Psalm 6.
Seeking God**

“In anger Lord don’t rebuke or punish me,
Have pity for I’m weak in bones and knee.

How long must my vexed soul for you wait,
Come O Lord God, save and seal my fate.

The dead no memory of you have,
And cannot praise you from the grave.

All night I groan lying upon my bed,
And as I sleep endless tears I shed.

My eyes aged by grief by my enemies,
Go evil ones, for God has heard my cries.

God has heard my supplications graciously,
And will shame and judge my foes suddenly.”

**Psalm 7.
Living With Integrity**

“O God in you my confidence I repose,
For you only can save me from my foes.

Like a lion they want my soul to tear,
And it feels like there is no deliverer.

O Lord if my hands have iniquity done,
Or if I’ve unjustly treated anyone.

Let my enemy overcome and punish me,
But Lord rise up and my defence be.

Lord from your throne let judgment come,
To prove my integrity to everyone.

Let malice end and the righteous reign,
So just deeds and pure heart aren’t in vain.

If he delays his sword and bow,
There’s still judgment for evildoers below.

For evil deeds and false words rebound,
And in his own trap an evildoer is found.

On his own head his mischief will come,
Violence will consume his own loved one.

But God’s righteousness I will magnify,
Singing praise to God who is most high.”

**Psalm 8.
Our Place in Creation**

“How excellent in the earth is God’s name,
His glory exceeds heaven’s wonder and fame.

Children praise Him for his majesty,
Even doubters recognize his creativity.

I look to the sky which your fingers framed,
At the moon and stars that you ordained.

I ask what is man that you consider him,
Or the son of man that you’re kind to him.

For just below the angels he is made,
A crown of glory on his head you have laid.

You give him power over all creatures on earth,
So I’ll always praise your awesome worth.”

**Psalm 9.
God’s Fair Judgement**

“With all my heart Lord your wonder I’ll proclaim,
Rejoicing and singing praises to your name.

My enemies turned back trembling at your sight,
For from your throne you always judge aright.

The wicked you’ve rebuked and overthrown,
So their names will nevermore be known.

The enemy has ended up in ruin perpetual,
Cities reduced to rubble are their memorial.

The everlasting God judges from his throne,
The righteous one brings justice to everyone.

He provides a refuge for the world’s oppressed,
A comfort he’s always to those distressed.

Those who know God in him confidence place,
He responds to all in need who seek his face.

Sing now to the Lord seated on Zion’s hill,
His deeds among the nations announce at will.

The avenger of blood remembers them,
And gives the afflicted power to overcome.

Lord help me endure, my spirit sustain,
And from the gates of hell bring me back again.

That to Jerusalem's gates I may advance,
And rejoice always in him and my deliverance.

While the heathen sin in the pit they prepared,
Caught in the net their hands had designed.

The Lord's judgment is known and taught,
Sinners make traps in which they're caught.

All the wicked shall go down to Sheol,
And with heathen nations in perdition dwell.

The needy shall not always forgotten be,
The poor have a future a good destiny.

Lord let no man or nation have the last word,
But know they are human, and you are the Lord."

Psalm 10. The Wicked Oppress, God Cares

"Lord when we're in trouble why are you distant,
While the poor suffer under rule of the arrogant.

The wicked boast about their evil deeds,
And the greedy claim what is the Lord's.

The wicked say, 'There is no God,'
And think they'll live forever in the world.

His mouth utters curses, fraud and deceit,
He tramples poor and innocent under his feet.

He like a lion, stalks his hapless prey,
Thinking God is blind and he can have his way.

O Lord arise, lift up your hand on high,
May the meek, afflicted, be in your memory.

Why do the wicked think God does not know,
When he sees every deed done here below.

He cares for the orphan comforts the poor,
No evil can ever enter heaven's door.

O Lord the humble man's cry you will hear,
To the contrite of heart you incline your ear.

You bring justice to the fatherless and oppressed,
So they in this life can have hope and find rest."

Psalm 11. God Sees Everything

"In the Lord God I trust so why say to me,
As a bird in the mountains from the wicked flee.

The wicked bend the bow, the arrow is set,
They shoot in the dark at the upright of heart.

What can the righteous do when base is gone,
God sits in majesty on heaven's throne.

He sees men's deeds, both good and bad,
Violence he abhors for it makes him sad.

Fire, brimstone, storms, on sinners he'll rain,
From judging, sentencing, he'll not refrain.

God in the righteous has much delight,
He welcomes all those who are upright."

Psalm 12. Waiting For God

"Help Lord, the godly person daily fades away,
And from among mankind the faithful decay.

Everyone to his neighbour utters vanity,
And the double hearted speak only flattery.

God will silence lying lips and boasting tongue,
Whoever shuns counsel says we answer to none.

But God says when the poor and needy groan,
I'll become his security, he'll not be left alone.

God's words are pure like silver tried
In earthen furnace seven times purified.

Protect us Lord from this evil generation,
From prowlers, abusers and many evil men."

Psalm 13. A Cry to God

"How long O Lord will you forget me,
Will your face forever hidden from me be.

My pain of soul and sorrow of heart,
An enemy's gloat how long is my part,

O God to me now a response make,
Enlighten my eyes ere death's sleep overtake.

Lest my enemy says I've beaten him,
And my foes rejoice when I'm shaken.

But I've trusted in your strong steadfast love,
My heart rejoices in salvation from above.

I'll sing praises to my Lord cheerfully,
For he has blessed me most bountifully."

Psalm 14.
A Fool's View

"The fool says in his heart, there is no God,
Corrupt and evil people are doing no good.

The sons of men are examined by the Lord,
To see if any wisely are seeking after God.

But all have gone astray and corrupt become,
There is none who does good, no not one.

Evil doers eat my people as if they're bread,
Without wisdom they do not call on the Lord.

Terror comes on them, God is for the just,
No more exploit the poor who in God trust.

Israel's deliverance Zion shall surely bring,
Then Jacob shall rejoice and all Israel sing."

Psalm 15.
A Blameless Life

"O Lord who shall sojourn in your tabernacle,
Who is able to dwell in your holy hill.

The one who's blameless, who does what's right,
Shall always be welcome in your holy sight.

Who slanders not, nor his friends hurt,
And does not evil of his neighbour report.

He who is honest and interest forgoes,
Who won't accept bribes shall never be moved."

Psalm 16.
Trusting in God

"Preserve me O God, I trust in you,
You are my Lord, my refuge and wellness too.

Saints are noble delighting my soul,
But those following other gods are un-whole.

The Lord is my chosen portion and cup,
With him my life is on the up and up.

The Lord guides me through night and day,

With Him beside me I find the true way.

My heart and soul are glad, my body secure,
Of Sheol or the Pit I shall have no fear.

You show the path of life, with you is joy,
Eternal pleasures your hand will deploy."

Psalm 17.
Devotion's Reward

"My cause is just, O Lord my cry heed,
My honest words hear, vindicate me I plead.

Your testing will show I'm indeed innocent,
My speaking is peaceful and not violent.

I have not strayed from the right path,
Show me your love which is steadfast.

You save those who seek refuge from foe,
Keep me special, the apple of your eye.

Hide me under the shadow of your wings,
From robbers who come to steal my things.

They show no pity are never humble:
They pursue surround and plot my fall.

They are like lions, keen to kill their prey,
O Lord fight them till they go away.

They live only for this world's pleasures,
But I seek your face and I am yours."

Psalm 18.
A God of Salvation

"I love you Lord, my strength and shield,
My rock and fortress, deliverer, stronghold.

I call on you for you are worthy of praise,
The horn of my salvation from my enemies.

Death and destruction confronted me,
I called on the Lord and he heard me.

Then the earth rocked, trembled and quaked,
God spat fire and spark, and he smoked.

He descended from heaven, cloud under his feet,
Riding on a cherubim, judgment to meet.

Swift as the wind, bright as the sun,
Hail stone and fire rained down on everyone.

He scattered evil doers, opposed my enemy,
And from deep trouble on high rescued me.

They attacked on the day of my calamity,
But He delivered and delighted in me.

The Lord rewarded me for my righteousness,
Being faithful I was counted blameless.

Free from guilt with clean hands and loyal,
God rewards the pure, innocent and humble.

But the perverse and haughty he deposes,
Lighting the dark before those he chooses,

They can leap walls and win any battle,
For he keeps his promises his people shield.

Who is like God a rock who makes safe,
My feet are like hind's feet on mountain path.

My hands he strengthens to bend the bow,
His shield of salvation, to me he'll bestow.

He made a wide path spread before me,
I chased caught and defeated my enemy.

They cried for mercy but he did not listen,
He lifted me up to be head of a nation.

Other people served me who once did mock,
The Lord lives, blessed be my rock,

Exalted be the God of my salvation,
Who saved and lifted me from lowly station.

For this I'll extol you O Lord my God,
Among the nations I'll praise your great word.

This warrior king you chose to deliver,
And promised to bless his house forever."

Psalm 19. **The Glory of God**

"The heavens are telling the glory of God,
And the firmament shows what he did.

Without words God displays his greatness,
In all creation his majesty is speechless.

The sky is a tent for the sun he sets,
Each day it shines travelling east to west.

Like a bridegroom it comes from its chamber,
Like a soldier ready, equipped as a warrior.

Law of the Lord's perfect reviving the soul,
His testimony sure making the simple whole.

The statutes of God are right rejoicing the heart,
The commands of God are pure giving eyes light.

The fear of the Lord endures forever,
His judgments true, righteous altogether.

More to be desired than much fine gold,
Sweeter than any honey eaten and sold.

O Lord teach me so I earn your reward,
Purge my secret sins so God I don't offend.

But who can recognize their own failings,
Against you O Lord keep me from sinning.

May words of my mouth and heart's meditation,
Be acceptable in your sight rock of my salvation."

Psalm 20. **God Answers Prayer**

"God answers from heaven in the day of trouble,
Don't rely on chariots or horses, to help he's able.

The God of Jacob of Zion is ready to protect you,
He recalls your offerings your heart's desires too.

May we celebrate your salvation, answers to prayer,
Know the great strength of the Lord our deliverer.

He appoints and guides kings to victory and success,
Dynasties based on army might will surely collapse."

Psalm 21. **Praising God**

"Your strength and help are my daily mainstay,
You crown me with gold, bless me extravagantly.

I asked for long life and you've given it to me,
I prayed for success, you added honour and majesty.

I found joy of your presence, in your love I live,
You expose foes, all who hate you won't survive.

We will sing of your power and mighty deeds,
They'll cease from the earth, they and their seed."

Psalm 22. **When God Seems Absent**

"My God my God why have you forsaken me,

You seem so far away when I face calamity.

At night I find no rest, nor comfort by day,
Yet as you're holy, I praise you when I pray.

History shows you care, you saved our fathers,
I'm just a worm scorned who hopes for nurture.

Bulls of Bashan surround me, shouting threats,
My bones are like water, my heart is like wax.

In death throes I lie, my strength is gone,
Evildoers hound me, pierced feet and hands.

My bones I can count, my skin hangs off me,
For my garments they cast lots, O god deliver me.

From dogs, lions, wild oxen, with your sword,
Then I'll broadcast your praises, glorify you Lord.

For he hears the cry of the afflicted and hungry,
They'll eat and be satisfied and praise you gladly.

All the ends of the earth will see your dominion,
To you all will bow down from aged to children."

Psalm 23. **The Lord My Shepherd**

"With the Lord as my shepherd, I have all I need,
By quiet steams I've peace, in green fields I feed.

My soul he restores and right path of life shows,
At death's door brings relief, in adversity provides.

His rod and staff comfort me, oil's on my head,
My cup overflows, I bask in mercy and good.

All the days of my life I'll follow his way,
And in his house forever I'm blest to stay."

Psalm 24. **God's Glory**

"The earth is the Lord's and everything in it,
With lakes, rivers, seas, his holiness none match it.

Blessed one who has clean hands and a pure heart,
Who does not follow falsehood, nor distort the truth,

They'll be vindicated by God offering salvation,
Lift up your heads O gates, let the King of glory in.

Who is this King of glory? God strong and mighty,
Open ancient doors, the Lord of hosts seeks entry.

Psalm 25. **Trusting God**

"In you God my soul trusts, let no foe shame me,
Let justice rule, evil fail, following your way I'll be.

Teach me your timeless truth, O God of salvation,
I know your love and mercy, forgive, forget my sin.

God leads the meek in right paths, he guides in love,
Pardon my guilt, I fear you, prosperity, security give.

God's friend to all fearing him, he promises them,
To rescue from despair and affliction, I look to him.

Many foes plot my doom, only you can deliver me,
Redeem Israel from disaster, honour my integrity."

Psalm 26. **God Blesses the Righteous**

"Reward O Lord my consistency, test heart, mind,
I don't sit with liars, cheats, I hate evil, wicked shun.

With clean hands to altar I come to praise your deeds,
I love your house where glory is, and sinners are freed.

From doing evil bribing, to walk anew in integrity,
My feet grounded, redeem and be gracious to me."

Psalm 27. **Knowing God's Presence**

"God is my light, salvation, my stronghold from fear,
Evil and foes oppose me, in war I know he's near.

I've asked the Lord to dwell in his house all my life,
To know and see his beauty, help to rise above strife.

When victor I praise him in song of joyful melody,
You said 'seek my face' I will, let me your face see.

Don't leave me angry, a forsaken cast-off orphan,
Welcome me in your presence God of my salvation.

Teach me your way Lord, lead me to truth and right,
And I'll know your goodness, strong in God I'll wait."

Psalm 28. **A Prayer for Protection**

"I call God my rock, if no answer then I'm dead,
I lift hands, voice to you, don't punish as wicked

Who speak peace to neighbour with mischief in heart,
Judge them for evil, in your realm they've no part.

Blest be God who hears, my hope, strength, shield,
Save your people, bless, carry them as a shepherd.“

**Psalm 29.
God's Great Power**

“Ascribe to God glory, strength, laud his great name,
His voice echoes over seas, power, majesty his fame.

He snaps cedars of Lebanon, makes calf wild ox dance,
His words echo in desert, leaves blown off oak branch.

God is enthroned as king over flood and fire for ever,
Blessed be his people, in peace no enemy can sever.“

**Psalm 30.
God's Help**

“O Lord you lifted me up, I cried out, you healed me,
From Sheol's dark rescued me, to God praise be.

His anger he shows briefly, favour displays lifelong,
Night tears become joy in morn, lament turns to song.

Dismayed at my fortunes decline, I cried out to God,
“How can I praise faithfulness if tomorrow I'm dead?”

You turn mourning to dance, sackcloth off I'm glad,
My soul can't remain silent, it praises the Lord.“

**Psalm 31.
The Lord My Refuge**

“In you Lord I seek refuge, my rock and my fortress,
Remove my shame, rescue, for your names sake bless.

Into your hands I commit my spirit, this is my vow,
You hate idols, I love you Lord, I'll follow you now.

You saw my problem, kept me safe, I'm troubled again,
Grieving body and soul, with sorrow, sighing and pain.

Friend, neighbour, foes shun me, strangers avoid me too,
I'm broken but trust you O God, save as only you can do.

Let your face shine on me, with steady love hold,
May the wicked be shamed, lying proud lips be cold.

The depth of your goodness can never be measured,
Those who fear you will always be safe and treasured.

I thought I'd been driven far away from your sight,
But I cried for help by the God of heavens great might.

Love God all you faithful, cherish him all you saints,
Be strong full of courage, seek the Lord and be patient.“

**Psalm 32.
Sin Forgiven**

“Blessed are they who have transgressions forgiven,
Who show no iniquity, deceit and hide no secret sin.

Hidden sin is a nightmare that eats at the soul,
Shrivels it like summer heat, Lord make me whole.

I confessed my sin and he removed my guilt,
The godly seek the Lord, in trouble hope wilts.

Don't be like a horse needing bit, bridle to control,
The Lord's people are loved, be glad, rejoice O soul.“

**Psalm 33.
Trusting in God**

“Rejoice in God all righteous with lyre, harp and song,
God's word is faithful, right and justice to him belong.

By his word heaven came and sea was contained,
Let the earth fear him, at his word earth was framed.

God confounds heathen nations, his counsel is forever,
Blessed are all who follow God, he sees all as creator.

A king's not saved by his army, nor a warrior by might,
War horses don't assure victory, all are in God's sight.

He sees the righteous to deliver their souls from death,
Keep them alive in famine, waiting trusting has worth.“

**Psalm 34.
Loving God**

“I'll bless the Lord at all times, praise him continually,
Let us and oppressed be glad, together we'll magnify.

The Lord heard my lament and delivered from fear,
Look to him, be happy, he sees and saves at shed tear.

God inhabits this place, taste and see God is good,
Happy all trusting him, young lions may seek food.

But saints lack no good thing, come all fear the Lord,
To enjoy life do good, seek peace, know smile of God.

Evil doers can't see his face, but he responds and acts,
When the righteous cry he stays near the sad in spirit.“

**Psalm 35.
Overcoming Foes**

“Fight for me O Lord, with shield, buckler, spear,
javelin,
Say ‘I’m your deliverer,’ shame and confound them.

Let my foes be like chaff blown before the wind,
Make them fall in the dark, by angels disciplined.

Caught in own nets and pits then I’ll rejoice O Lord,
My bones will say, ‘you support, the weak oppressed.’

You deliver the needy, if malicious witnesses accuse,
They repay me evil for good when they had a disease.

I mourned with sackcloth, refusing to eat any food,
I stumbled they laughed, mocked my unsteady tread.

Rescue me now O Lord from these fierce lions,
I’ll praise you to your people exalting your name.

Don’t let any oppose me who sow discord not peace,
You see them, God speak, awake defend my cause.

Vindicate me in justice, don’t let them have last word,
Let my team shout for joy, gladly say ‘Great is God.’”

Psalm 36.
Finding Refuge in God

“An evil heart doesn’t fear God, it thinks sin is unseen,
With words dishonest, unwise, to do good aren’t keen.

Your steadfast love extends to the clouds of heaven,
Your holiness is as a mountain, truth wide as ocean.

Children can take refuge under shadow of your wings,
Drink, feast abundantly with you, delight in good things.

Psalm 37.
Delight in the Lord

“Don’t envy wrong doers, they’ll fade like grass, herb,
Trust God and do good, your land none will disturb.

Delight in the Lord, he’ll give desires of your heart,
Commit your way to God and you’ll get a fresh start.

Be still before the Lord and wait patiently for him,
Don’t worry about success, don’t stress at misfortune.

Those who wait on the Lord the promised land possess,
Soon the wicked will perish but the meek will find rest.

The wicked oppose the righteous and fight the upright,
Trample the poor and needy but will lose the fight.”

Better the little of righteous than bounty of wicked,
We reap as we sow in the end, God gives days to good.

Their heritage lasts forever, in famine they’ve
abundance,
But the wicked like pasture wither, are gone like a
glance.

The evil borrow can’t repay, the good are kind and give,
Our steps are from God, though we fall, we’ll survive.

Once young, now old, I’ve not seen righteous forsaken,
His clan don’t beg as he gives, his children are a
blessing.

Depart from evil, do good, God loves justice, helps
saints,
A good person speaks wisdom, evil endless complaints.

The wicked watch righteous seeking to harm and slay,
The righteous wait for the Lord, always keep to his way.

Evil one tall as cedar of Lebanon was cut down dead,
Transgressors will be gone, blameless live on instead.”

Psalm 38.
A Cry for God’s Help

Lord rebuke me not in anger, your arrows wound me
sore,
My flesh, bones failing, I can’t bear to suffer any more.

My wounds fester from folly, all day I hurt and mourn,
My limbs burn, turmoil of my heart makes me groan.

God you know my pain, longing, fevered I’m weak,
frail,
My attackers will destroy me, my iniquities make me
fail.

Some do evil for good, let none welcome my
destruction,
Come near Lord deliver, help me now God my salvation.
“

Psalm 39.
A Prayer for God to Rescue

“I’ll guard my ways so I don’t sin with my tongue,
Before enemies I was silent so I’d not upset any one.

Lord let me know destiny, my life’s short as a breath,
I go each day as a shadow, I’ve no purpose on earth.

Lord I wait, hope in you, don’t beat me with your hand,
I’m an alien, a guest, who’s suffered unjustly in the

land.“

Psalm 40.
Waiting for God

“I waited patiently for the Lord, he bent ear to my cry,
Drew me from pit, set me on rock to sing of Most High.

Blessed one who trusts God, doesn't follow false gods,
You always seek our welfare so I become lost for words.

Sacrifice you don't desire, sin offering don't require,
Your law's written in my heart, to your good I'll aspire.

I called news of deliverance, told of your love, salvation,
Your faithfulness is amazing, I declare to whole nation.

Don't deny mercy to me, let love, faithfulness preserve,
My sins many as hairs on head, save from fate I deserve.

Protect from all who plot against me, foil their evil plan,
Your people rejoice, are glad, help this poor needy man.“

Psalm 41.
God Our Helper

“Blest all who help poor, God delivers in day of trouble,
God preserve, protect from pain, to heal you're able.

Bless me Lord I sinned, my foes hope I'll soon die,
Say I won't recover, raise me God from where I lie.

I know you joy in me, my enemies haven't overcome,
You honour life of integrity, I praise you O God,
Amen.“

Psalm 42.
Longing for God

“As a deer longs for water so my soul longs for God,
It thirsts for living God, I long to see face of my Lord.

I recall I led Israel to God's house, sang thanksgiving,
Why sad upset O soul, hope in God resume praising.

Down, I recall God by me at Jordan and Mt Hermon,
Deep cataracts roll over me echoing your love song.

Foes say 'where's God?' I ask how you forgot me,
Downcast soul hope in God, let my lips praise thee.“

Psalm 43.
God's Guidance in Trouble

“Take up my cause O God against evil people by me,

Save me from deceitful unjust men, my refuge be.

Don't abandon me Lord, I mourn at foes oppression,
Let your light, truth lead me, to your home in Zion,

Then I'll go to altar with joy, why are you anxious,
O soul praise God, my help in times of distress.“

Psalm 44.
God Rescues

“We heard our fathers' stories God of your great deeds,
Drove out nations before Israel, gifting land you freed.

They didn't do this alone but with help of your arm,
You're my King, my God who rescued us from harm.

You led to a good land, ordained we'd have victory,
Bow, sword couldn't save, you we praise continually.

You also let us be beaten, turned back, routed in war,
Scattered us among nations, led as sheep to slaughter.

We were taunt of neighbours, they mocked our frailty,
But we kept your covenant, why should humiliation be.

If we forgot you name, paid homage to a strange god,
You'd be right to slay us, but you know secrets hid.

Save us from oppression, don't sleep or hide your face,
We're bowed in the dust, deliver us in love and grace.“

Psalm 45.
The Glory of the King

“My heart overflows with joy, I'll recite poems to my king,
Grace pours from your lips, take up sword, mighty one.

Ride forth with army to victory, defending truth and right,
Let arrows find their mark, your throne is day and night,

Just, righteous you are, God anointed you with oil,
Your robes fragrant with myrrh, songs of palace joyful.

Queen gold clad honour's you, exotic princesses come,
From afar to serve you, nations bring gifts and ransom.

Royal virgins visit you, process to your palace gladly,
Your sons will be kings and inherit your majesty.

We'll honour your name in every generation,
And you'll be praised by all of earth's nations.“

Psalm 46.

God our Refuge and Strength

“God’s our refuge and strength, in trouble ever helping,
So I’ll not live in fear of earthquake or sea surging.

A river gladdens city of God, home of the Most High,
God’s there she’ll not be moved, his protection is nigh.

Nations rage, kingdoms totter, God thunders, earth
melts,
The Lord of Hosts is our refuge, a fortress God of Israel.

Behold the works of the Lord, he brings wars to end,
He breaks bow, shatters spear, burns shield, fire sends.

Be still and know that I am God exalted in the nations,
Honoured on earth, the Lord of Hosts our consolation.“

Psalm 47. Praise God

“Clap your hands all peoples, shout to God with song,
Make a joyful, praise, the Lord Most High is awesome.

He’s great king of all the world, he subdues nations,
He gave us a heritage, the promised land as possession.

He’s gone to Zion with trumpets, sing psalms of praise,
He’s king of all the earth, he sits on his royal throne.

Psalm 48. The City of God

“Great is the Lord worthy of praise in the city of God,
His holy mount, joy of earth, Zion a sure stronghold.

Kings came to attack but couldn’t, then they trembled,
Like a woman giving birth, he used strong east wind.

He shattered ships of Tarshish, we see the city of God,
Abode of Lord of Heaven’s Armies, mighty stronghold.

We know your sure love, God your name’s everywhere,
Zion’s towers, ramparts, citadels shine, guide God
there.“

Psalm 49. A Fool’s Destiny

’Hear all people high or low, listen all rich and poor,
I speak wisdom understanding, why should I fear.

In times of trouble foes threaten me with fighting,
People who trust in riches cannot buy resurrection.

A fool must leave wealth behind, perish like a beast,

A grave their home forever though they had estates.

They placed confidence in property, Sheol their home,
But God will ransom my soul so don’t envy anyone.“

Psalm 50. God our Deliverer

“Zion’s Mighty God calls earth at sun rising to setting,
As a devouring fire, mighty tempest, on day of judging.

He gathers covenant faithful, notes numerous offerings,
Says I don’t need bulls, goats, all beasts to me
belonging.

I own cattle on 1000 hills, birds of air, all that moves,
I don’t hunger or eat, to the Most High make vows.

Offer God a sacrifice of thanks, call him in trouble,
He’ll save glorify him but rebuke those doing evil.

Don’t recite my statutes for you’ve no discipline,
You mix with liars, adulterers, lips slander all the time.

And you who forget God, none can deliver like the Lord,
Make thanks your sacrifice and find the salvation of
God.“

Psalm 51. A Clean Heart and Right Spirit

“Be kind to me God in steadfast love, abundant mercy,
Blot out my transgressions, cleanse my sin, iniquity.

I know my transgressions, my sins always before me,
I came forth in iniquity, in sin my mother bore me.

You seek inner truth, wisdom, wash me whiter than
snow,
Fill me with gladness, let bones you broke mend, grow.

Create in me a clean heart God, a new right spirit within,
Don’t cast me from your presence, keep Holy Spirit in.

Restore my joy in your salvation, give me a willing
spirit,
Free from guilt, God of my salvation and I’ll proclaim it.

You don’t want offerings but sacrifice of a spirit broken,
Rebuild walls of Jerusalem, we’ll offer praise in Zion.“

Psalm 52. The Righteous Thrive

“Why boast of crime doers who chose evil over good,
Loving lie, not truth, God’s justice will see you dead.

Righteous see, laugh at all who rely on their money,
We trust in love of God, prosper as a green olive tree.“

Psalm 53.

An Atheist's Folly

A fool says in heart 'There's no God', they do no good,
God looks for seekers, all are fallen, corrupt instead.

Evil don't know fairness, exploit people, ignore God,
He'll judge in great terror, save from Zion make glad.“

Psalm 54.

Thanks for Salvation

“Save by your name and might God, evil men seek my
life,
God's my helper, saviour, will put my enemies to flight.

Then freely I'll sacrifice, I'll thank your name O Lord,
You saved me from foes, always promoted my good.

Psalm 55.

Surviving Opposition

“Hear my prayer O God, heed my urgent supplication,
Overcome by trouble from foes, wicked's oppression.

My heart groans within me, I tremble at terror of death,
I want to fly away as a dove, I'd escape and be at rest.

Find a shelter in desert, away from violence in town,
From oppression in market, I'm duped by a close friend.

I call God to save me, morn, noon, night I talk to him,
To save my soul from war, lawless he'll humble them.

Mate talked smother than butter, words softer than oil,
Broke covenant with me, war in heart, he drew sword.

Cast burdens on God, he sustains, right won't be moved,
Killers, cheats you'll cast down, half days will be lived.

Psalm 56.

God our Comforter

“Help me God trampled all day, evil injures my cause,
Join hands to catch me, I trust you, O God I'm yours.

You note my turmoil, God put my tears in a bottle,
I know God's for me, to turn enemies back in battle.

I trust, praise God, my vows to you I perform O Lord,
You save my soul from death, in life I walk with God.

Psalm 57.

God is Exalted

“Be kind to me Lord, under your wings I take refuge,
From heaven save me, my plea Most High don't refuse.

I'm among hungry lions, teeth as swords, spears, arrows,
Foes set nets, dig pits, trap me, I'm swamped by
sorrows.

Be exalted God above heavens, let glory light all earth,
My heart's steadfast Lord, I'll sing songs of your worth.

I awake at dawn to harp, lyre, thank you among nations,
Your love, faithfulness are great, above earth, heavens.“

Psalm 58.

Evil is Judged

“Little gods don't judge men aright, violence,
corruption,
Evil go astray from birth, their lies like serpent's venom.

Lord break teeth, tear out fangs, let them go like water,
May they as snail shrivel up and like dry grass wither.

Righteous celebrate God's justice, blood of evil is shed,
There's a reward for upright, God is judge of the world.”

Psalm 59.

Safe From Enemies

“Save me from foes Lord, all who plot evil, shed blood,
Some kill without cause, come quickly to my aid O God.

Nightly they prowl as dogs, nations not knowing you,
Mock their schemes, antics, my fortress strengthen do.

Defeat them lest we forget, cursing and lies they utter,
I'll sing of your might O Strong One, your love is
better.“

Psalm 60.

God's Victories

God you broke defences, our land quakes, so it totters,
We suffer hard things, under your banner Israel rallies.

Save your beloved with your right hand answer us,
Speak from your sanctuary to Shechem vale of Succoth.

Gilead, Manasseh are mine says God, Judah my sceptre,
Ephraim my helmet, Moab and Philistia I will conquer

Fortified cities of Edom submit, O God don't reject us,
We need help against foes, with God we'll be

victorious.“

Psalm 61.
In God's Presence

“God hear my prayer, lead me to rock that's higher than I,
From afar afraid I call, be a refuge, strong tower or I die,

I'd dwell in your tent forever, under wings keep me safe,
God you heard my vows, devotees find a secure place.

May king live long, may love and faith watch over him,
I pay my vows day by day and sing praises to your name.

Psalm 62.
God Our Rock and Salvation

“For God only I wait silent, he my rock and salvation,
How long will you attack me, willing my fall,
demolition.“

For God only I wait silent, he's my rock and salvation,
My fortress I honour him, trust him always all nations.

Poor are but a breath, men of high estate a delusion,
Don't pursue extortion, robbery, riches are an illusion.

Once God spoke, twice I heard, power belongs to God,
Author of steadfast love, judge of our work and word.“

Psalm 63.
God's Protection

“God my soul thirsts for you, I faint in dry weary land,
Power glory are your sanctuary, so I call on your name.

Your love's better than life, I praise you long as I live,
I feast on marrow fat, in the night to you praise I give.

Under your wings I sing for joy, held in your hand,
Killers die by sword, are jackal food, I praise as king.

Psalm 64.
The Lord Conquers

“Hear my cry God, hide me from foes plots, schemes,
They ambush innocent, think none will see their crimes.

God will shoot arrows at them, all fearing clap victory,
Let righteous find refuge in God, upright in heart glory.“

Psalm 65.
Creation Praises God

“Praise God in Zion, prayer he hears and can forgive sin,
Blest dweller in your courts I to your holy temple bring.

By mighty deeds you save us, you hope of ends of earth,
Your strength made mountains, seas, rebels you quiet.

You water the earth, your rain makes grain grow well,
Pastures fill with flocks, joyful, your goodness they tell.“

Psalm 66.
Worshipping God

“Sing joyfully to God all earth. give him praise and glory,
Great his power over foes, all worship praise his majesty.

He made sea, dry land, we went through river on dry feet,
He kept us alive made strong, helped us all tests to meet.

I come with burnt offering, keep vows made in trouble,
With bull, goat, rams thank you, hear his deeds all people.“

Psalm 67.
God the Provider

“May God gracious bless us, make his face shine on us,
May salvation be seen by nations, all people give praise.

May nations sing for joy, you judge all people in equity,
Earth yields its increase, the Lord blesses us with plenty.“

Psalm 68.
God Leads Israel

“Let God's foes flee, as blown smoke, wax melted by fire,
Let righteous be joyful, to God of heaven sing with lyre.

Dad of orphan, helper of widow, God in holy habitation,
Leads prisoner to prosperity, gives the desolate a home.

God you led Israel in desert, Sinai quaked before God,
Much rain God you gave, flocks grew in grass from sod.

King, army flee at God's order, women, herder get spoil,
High Mt Bashan envies, mount where God ever dwells.

With 20,000 chariots God came, from Sinai to holy place,
Led captives in train, got many gifts even from

rebellious.

Blessed be God, daily sustainer, our God of salvation,
He'll shatter heads of foes, call his people from ocean.

We solemn go to sanctuary, singers, minstrels, maidens,
Bless God in great assembly, all part of Israel's fountain.

Rebuke all beasts God, scatter those who delight in war,
Sing of God's kingdom, ascribe majesty to God of
power“.

Psalm 69.
God's Justice, Love for Zion

“Help God I drown, sink in mire, floodwaters cover me,
Weary, sad wait for God, as head hairs haters are many.

Did I steal and must now repay. God my sins you know,
Don't let me be shamed, for your sake I'm mocked too.

Zeal for your house consumes me, insults on me fallen,
I humble in sacks, fasting, topic of gossip, drunk's song.

I pray O God in your abundant steadfast love answer me,
Rescue me from mire flood, don't let pit swallow me.

In mercy, love come to me, in distress from my enemy,
I sought pity got none, carers gave poison vinegar to me.

Make feasts a trap, blind them, may all fear your anger,
Empty camp and tents, for they are my persecutor.

Add penalty on penalty, erase from Book of Living,
Heal my pain, God lift me, I'll praise you by singing.

This God prefers to ox or bull, let poor see it, be happy,
God seeker revive, he hears needy, saves from custody.

Let heaven, earth, sea praise God, rebuilder of Zion city,
His loved servants will be there, children, inheritors be.

Psalm 70.
Prayer for Deliverance

“Lord quickly deliver me, confuse all who do me in,
Shame all trying to hurt me, let conscience convict of
sin.

May all seekers rejoice and say, 'Great is our God,'
Come to a poor, needy one, rescue, don't delay Lord.

Psalm 71.
God the Deliverer

O Lord you're my refuge, be a rock and fortress for me,
Free from evil, unjust, cruel, from youth my hope be.

I'm yours from womb, I've praised you all day long,
Don't leave me in old age, forsake when strength is
gone,

Foes think you forgot me, plan to seize me with no
helper,
O God be near, me give hope, I'll praise my deliverer.

Your righteous deeds of salvation, are too many to
count,
Youth to aged I tell of your might, to generations to
come.

Your power, holiness reach heaven, none is like you,
See my woes, revive me again, honour, comfort me too.

I'll praise with harp, lyre, Israel's Holy One I sing for
joy,
I tell of help all day long, you thwarted my foes evil
ploy.“

Psalm 72.
A Prayer for Blessing

“Make me just righteous God, may I judge fair,
equitable,
May hills yield for farmers, I always defend poor people,

Let me live long as sun, moon shine, like rain on field,
My realm be sea to sea, my foes lick dust when repelled.

May kings of Tarshish bring tribute, kings of Sheba
gifts,
I help poor, needy, weak, from violence, oppression I
lift.

I need prayers, blessing all day, of much grain in land,
Give much fruit as Lebanon, our cities blest by your
hand.

May my fame last long as sun, help me bless everyone,
The God of Israel is wonderful, all know his holy
name.“

Psalm 73.
Staying Close to God

“God's good to upright, pure in heart, I sin, envy the
rich,
Who are comfortable, sleek, resources out of my reach.

Pride's their necklace, violence robe, life full of folly,

Arrogant, malicious, oppressive, many see them, envy.

Daily keeping heart clean, leads to struggle and pain,
But evil have their reward and are headed for ruin.

They may lose all instantly, panic chase a false dream,
I sad till I realized, things aren't always what they seem.

You guiding me, there's nothing I need more than God,
You're my rock forever, to be near to God is so good.

Psalm 74.
A Cry for Help in Trouble

"God why be angry at sheep, remember your
congregation,
Recall adopted tribe, heritage, your ruined city, Mt Zion.

Foes razed your sanctuary. hacked by axes, burnt by fire,
Desecrated holy place and other holy places in their ire.

With no holy places or seers, foes will mock your name,
God divided seas, calmed dragons, dried springs,
streams."

Day-night, sun-stars, you made summer-winter, sea-
land,
Don't deliver to wild beasts or forget life of a poor man.

Renew covenant, clean dark place, let poor praise you,
Rebuke impious and foes, all mocking us please subdue.

Psalm 75.
God's Sure Victory

"We thank God, call on his name, wondrous deeds
recount,
In time God will judge with equity, all falling
strengthen.

Silence proud, humble rude, justice is not east or west,
God lifts up, puts down, not a seer from the wilderness.

God's cup of strong wine, the evil will drink till it's dry,
Horn of right one exalt, I'll praise Jacob's God in
eternity."

Psalm 76.
Fear and Follow God

"Judah and Israel God know, he lives in Salem and Zion,
He broke arrow, shield, sword, is grander than mountain.

Strong army lost spoil, both rider and horse lay stunned,
None can stand God's anger, he acts to save shunned.

You turn foes wrath to praise, make vows to your God,
Bring gifts to feared one, who deposes kings with a
word.

Psalm 77.
God is Ready to Save

"I cry to God in my trouble, my soul can't find comfort,
Agitated I can't sleep or speak, worried in spirit and
heart.

Will God not act I ask, has his steadfast love now
ceased,
Did he forget oath he made, will mercy ever be released?

I recall God's great deeds, on wonders of old I muse,
Your way God is great, holy, Jacob, Joseph you rescued.

You speak, creation acts, thunder, lightning, earth shook,
Moses, Aaron in wilderness, led your people like a
flock."

Psalm 78.
God and Israel

"Hear O people my word, heed this ancient parable,
Tell children, grandkids, God's deeds are wonderful.

He set law in Israel so each era could hope in God,
Don't be stubborn, rebellious, keep commands of God.

Ephraimites were fickle, forgot miracles God had done,
He divided sea to walk through, led by light of moon.

He split rock, water flowed, but in desert they rebelled,
Craved food of Egypt, everyday bread, meat God fed.

Their grumbles God angered, had no faith in his might,
He gave manna, grain of heaven, bread of angels at
night.

Wind blew birds in like sand, they ate and were filled,
Before sating hunger, God slew strong ones of Israel.

Still they sinned doubting, repented without sincerity,
God merciful forgave, repressed anger at their iniquity.

Knowing they're mere flesh, tested him again and again,
They forgot his power, from Egypt slavery he redeemed.

He made the Nile blood. sent flies, frogs to their homes,
Grubs, locusts ate crops, hail, frost, killed cattle, vines.

He sent plagues on them, firstborn sons of Egypt smote,
He led people out like sheep, sea held back like a moat.

Opressors drowned, he led them on ,to promised land,
Drove out nations before them, settled them by his hand.

His ire roused at high places, worshiping images, gods,
He let them be captive again, gave them again to sword.

Then God wide awake, put his adversaries to rout,
Rebuked Joseph, Ephraim, chose Judah, Zion's mount.

Chose David servant shepherd, to lead Jacob's clan,
With good heart David led them, with skilful hand."

Psalm 79.
Plea for God's Forgiveness

"Pagans defiled the holy temple, made Jerusalem ruins,
Birds beasts eat people's flesh, none left to bury bones.

God you're angry at us, punish pagan nations instead,
Forgive sins of forefathers, show mercy or we're all
dead.

Help us God of salvation, deliver us forgive our sin,
So nations can't say where's God, save from fix we're
in.

Hear groans of prisoners, sevenfold repay taunts of foes,
We flock of your pasture will always give you praise."

Psalm 80.
God's Purposes

"Hear Shepherd of Israel, shine from cherubim throne,
In might save us, God of Hosts our neighbour's scorn.

We've bread and drink of tears, foes laugh to
themselves,
A vine out of Egypt you put here in earth it rooted well.

It spread over mountains and cedars reached to river,
sea,
Why let walls be broken so men bear eat fruit they see.

Pity this vine God of heaven, they cut it down, it's
burned,
Bless your servant people, give us life, we call your
name.

Psalm 81.
The Lord Helps Israel

"God is our strength Israel's joy, timbrel, lyre, harp,
play,
Blow trumpet at new moon feast, exit from Egypt
replay.

I took load off shoulder, hands, from distress you I
saved,
I tested at waters of Meribah, strange gods now discard.

I'm your God who rescues but you didn't listen to me,
You disobey stubborn hearts, Israel follow me joyously.

Then I'll quell your foes, forever they'll suffer their fate,
I fed you honey from rock, you'll eat the finest wheat."

Psalm 82.
God is Just Judge

"God's in divine council, in the midst of gods he judges,
Why favour wicked, to weak and orphan give justice.

Uphold rights of sick, destitute, save needy from evil,
Sons of Most High die like men, God your justice
distil."

Psalm 83.
God's Supremacy

"O God don't be silent or still, your foes rampage again,
Plot erasing Israel as a nation, conspiring Ishmael,
Edom.

Moab, Hagrites, Gebal, Ammon, Amalek, Tyre,
Philistia,
Assyria joined Lot's children, beat them as Midian
Sisera.

Make nobles, princes as dung, who claim fields of God,
Like dust, chaff in wind, consume them with fire O
Lord.

Pursue by tempest, beat in tornado, shame, disgrace
God,
Let them know you alone are Most High over all world."

Psalm 84.
Joy in God's Presence

"Lord of hosts my soul longs for your home, your
courts,
Heart sings with joy to God, sparrow, swallows find
nest.

Blest those who sing praise at altar of my God, King,
On highways of Zion, dry valleys can become springs.

A day in your courts O Lord, beats 1000 elsewhere,
Better doorman in God's house than with evil anywhere.

The Lord my sun and shield, blest one who in you trusts,
You give good things to upright, gifts from Lord of

Hosts.“

**Psalm 85.
God's Blessings**

God restored fortunes of Jacob, healed land, forgave sin,
Withdrew your anger, revive us again God of salvation.

Rescind anger toward us Lord so we rejoice in your
love,
Speak peace to your people so hearts turn to God above.

Rightness, peace kiss each other, his glory dwells in
land,
Soil gives good crops, in faithfulness your people stand.

**Psalm 86.
God's Steadfast Love**

Lord hear a poor godly servant, God my soul gladden,
You're good, forgive, shower love, to my plea hearken.

There's no God like you, all lands will honour you,
You're great, do wondrous deeds, God teach what's true.

I thank you with my whole heart, great your love for me,
God cruel men oppose me but you show grace and
mercy.

You God are slow to get angry, abound in faithfulness,
In pity give me strength, for my sake shame shameless.“

**Psalm 87.
In Praise of Zion City of God**

“On holy mount stands Zion, city God built. loves most,
Of city of God in Babylon, Philistia, Tyre, Ethiopia
boast

We love birthplace say ‘It's my home’ Zion will say too,
The Most High will build her, singers say ‘I'm from
you’.

**Psalm 88.
Feeling Alone**

“God I seek help night, day, troubled in life and soul,
As one going down to pit, like slain forsaken in Sheol.

I feel dead, alone, cut off from you, overcome by wrath,
Friends in horror leave me, can you raise any from
death?

Each morn I pray to you, why hide face from me O God,
In night terrors feel trapped, helpless, you caused it
Lord.

**Psalm 89.
God's Promises to David**

“Your love faithfulness to all ages are sure as the
heavens,
Your covenant with David, to build throne for all clans..

Let heaven praise wonders O Lord, who in sky
compares,
God's leads council of holy ones, greater than any by
far.

You tell raging seas, be still, made Jericho crash down,
Heaven, earth you first founded, north to south you own,

Truth, justice anchor your throne, love, fidelity are
yours,
Blest those who know you Lord, exalt you without
pause.

In old days you gave vision, gave David crown, anoint,
Vowed to strengthen him, so he'd crush his foes not
faint.

You said he'd rule river, sea, call you Rock of salvation,
You'd not break oath to him, his throne be sure as
heaven.

But if forsake law, statutes, forget holy commandments,
You'll punish with rod, whip, take your love from tents.

I'll not break my vow says God or alter word of my lips,
I swore to David forever, his line I'll never eclipse.

You rejected your anointed, his crown is defiled in dust,
His strongholds in ruins, a joke, sceptre, throne now
bust.

O Lord why hide from me, why make me for a short
span,
Let your love be mine again, save me from enemy
scorn.“.

**Psalm 90.
Life's Quest**

“Lord our home for generations, before earth was
formed,
From era to era you're God but back to dust we're
turned.

1000 years are as yesterday, to you as a watch in night,
We fade as a dream, as grass fresh in morn, limp at
night.

We feel your anger, secret open sins, all day face wrath,
Years of life threescore and ten, 80 if we've good health.

They're filled with toil, trouble, soon gone we fly away,
Teach us to count time, give heart of wisdom each day.

O Lord pity your servants, fill us each morn with love,
We'll rejoice all our days, send gifts to us from above.

Make your works known to us, power seen by children,
Let God's favour be on us, work of our hands be known."

Psalm 91.
God's Love and Help

"A friend of the Most High, in shadow of the Almighty,
Says "My refuge and fortress, God I trust completely."

You deliver us from hunter, poison, deadly pestilence,
Day, night watch over us, by shield show your presence.

A million may fall at your side, as fate of the wicked,
God's a habitation, refuge, from evil your tent is spared.

His angels care for you daily, on hands they bear you up,
You'll not stumble on stones, lion, snake tread under foot.

Keep loving I'll save you, protect all knowing my name,
Call I'll answer in trouble, give long life eternal salvation.

Psalm 92.
God our Strength

"It's good to thank God, to sing praises to the Most High,
Declare your love in morn, faithfulness as night goes by.

With lute, harp, lyre, works of your hands make me sing,
Works great, thoughts so deep we can't fathom anything.

Evil sprout as grass, flourish, are doomed for destruction,
Enemies God will scatter to die. but no end to your reign.

You raised my horn as wild ox, anoint head with new oil,
My ears heard doom of assailants, eyes saw my foes fall.

Good thrive as Lebanon cedars, planted in house of Lord,
Produce fruit in old age, pure upright rocklike is our God."

Psalm 93.
God's Power and Glory

"God robed in majesty, strength, earth can't be moved,
God's throne is fixed forever, his laws can't be changed.

Floods roar through earth, power and damage is mighty,
God's power is greater than cataracts or waves of the sea."

Psalm 94.
God my Refuge

"God of vengeance shine forth, rise great judge of earth,
Let not evil dominate earth, give proud their due deserts.

Evildoers use arrogant words, crush your people O Lord,
Kill widow, orphan, alien, think God's not seen or heard,

Heed foolish, be wise, know God can both hear and see,
He chastens nations of world, knows mind of you and me.

Blest knowing God's law, be patient till evil are judged,
God won't leave us, in justice upright of heart are saved.

God helps me fight injustice, if my worries are too many,
Empathy cheers me, the evil will be punished for iniquity.

No evil ruler is God's friend, who make innocent die,
God is my stronghold, rock of my refuge when I cry."

Psalm 95.
Call to Praise God

"Come let's sing to God, praise our rock of salvation,
Enter his presence with thanks and praise him in song.

The Lord's King above all gods, he sustains the earth,
High mountains, wide seas made, land of rock, sand, dirt.

Come kneel before God, to our maker now bow down,
We people of his pasture, God calls us sheep of his hand.

Don't harden hearts, as your father's did in wilderness,
40 years they tested God, so they didn't enter his rest.

Psalm 96.
Praising God's Power and Justice

"Sing the Lord a new song, sing to God all earth every day,
Shout his salvation bless his name, nations sing and

pray.

Gods of heathen are idols, majesty in heavens God made,
Strength and beauty in sanctuary all give the Lord praise.

Show glory due God's name, approach in thanksgiving,
Tell nations "God reigns," all people justly he's judging.

Heaven be glad, earth rejoice, let seas roar, fields exult,
Trees sing for joy, God comes to judge earth with truth."

Psalm 97.
Reward for the Righteous

"God reigns let earth be glad, purity, justice are his throne,
Fire burns his foes, mountains melt as wax at his name.

Heaven shows him right glorious, all gods bow to God,
Worshippers of idols are shamed, Zion hears and is glad.

God loves all who hate evil, saves his saints from wicked,
Light dawns for righteous, so rejoice now and thank God.

Psalm 98.
Sing of God's Goodness

"Sing to the Lord a new song, wonderful things he's done,
His holy arm is victorious, justice to nations is shown.

He promised to love Israel, ends of earth see his victory,
In joy praise God everywhere, sing with lyre and melody.

With trumpet horn praise God King, sea sing for joy,
God judges with justice, treats all people with equity.

Psalm 99.
Worship God

"God reigns on cherubim, let earth quake, people tremble,
God great in Zion, Mighty King, his justice name terrible.

He ruled Jacob fairly, extol him, worship at his footstool,
Moses, Aaron, Samuel cried to God, he answered the call.

He spoke from cloud, they kept his statutes, testimony,
He rebuked but forgave them, worship God who's holy,

Psalm 100.
Praise to God

"Sing to the Lord all the land, serve God with gladness,
Know the Lord is God, we are his for he made us.

As sheep of his pasture, enter his gates in thanksgiving,
God's love lasts forever, he's faithful to all generations."

Psalm 101.
Passion for Justice

"I sing of loyalty, justice Lord, heed way that's blameless,
Show integrity in my house, never look at anything base.

I hate backsliders, I'll shun evil and perverse of heart,
Punish any slandering neighbour, proud I won't tolerate.

I'll befriend faithful of land, blameless be my colleagues,
Have no liar with me, Jerusalem's evil I'll force to leave."

Psalm 102.
A Prayer in Pain

"Hear my prayer God show your face, heed my SOS call,
I pass away as smoke, bones burn, wither as grass, I'm ill.

I can't eat, groan in pain, bones, flesh feel stuck together,
As a vulture or owl in desert, a lone bird out in weather.

Foes taunt, I eat ashes for bread, mingle tears with drink,
In anger you rejected me, my days like dusk now, I think.

You Lord enthroned forever, will pity Zion in due time,
Servants value her stones, earth's kings fear your name.

God will build Zion again, prayers of destitute he hears,
Let future generations know, Lord of heaven saw tears.

He set death row felon free, let praise sound in Jerusalem,
I'm dying middle aged but your years God have no end.

You made earth, heaven as raiment, they'll all pass away,
Your children will be secure with you O God one day."

Psalm 103.
Praise to God

Bless God O my soul, all within me bless his holy name,
He forgives iniquity, heals diseases, from pit life
redeems.

Crowns us with love, mercy, satisfies with good all life,
Youth's renewed like eagles, God saves poor with
justice.

He showed self to Moses, Israel, God is kind, merciful,
Slow to anger, abounds in love, our sinning is not his
will.

As heavens cover earth, so great is his love toward us,
As east is far from west, he's removed our sins from us.

God pities us as a father his kids, knows us frail as dust,
Man's days are as grass in wind, as blooms wilt, are lost.

God's love is forever, his holiness to children's children,
Fear him, keep covenant, remember obey his commands.

God set his throne in heavens, there angels obey his
word,
Bless God all of earth, my soul do his will, bless the
Lord.“

Psalm 104.

Creation Reflects God's Glory

“Bless God O my soul, clothed in light of honour,
majesty,
You spread heaven as a tent, on chariot cloud ride sea.

Wind, fire, flame your servants, earth foundation you
set,
With thunder mountains rose, the waters obey you yet.

Springs gush forth in valleys, give drink to beasts of
field,
Birds sing in branches, you water hills, land gives a
yield.

You made grass grow for cattle, plants we can sow, eat,
Wine cheers our hearts, oils shine face, bread feeds
heart.

Trees of God are watered, cedar and fir home for stork,
High mount realm of wild goat, badger has house in
rock.

Your moon marks seasons, daily sun knows when to set,
At night beasts of forest hunt, at dawn enter den to rest.

We work morn to dusk, all creatures of earth have a
place,
The sea has many fish and ships sail a wide-open space.

All need you to give food, without you will wither die,
By your spirit we're created, on your goodness we rely.

I'll sing to God all my life, whole world gathers in awe,
Let me please the Lord. let wicked sinners be no more.“

Psalm 105.

God's Kindness to Israel

Thank the Lord, recount deeds, praise works to all
people,
Seek his strength always, Abraham, Jacob sons are able.

He God gave Canaan as legacy via everlasting covenant,
We few in number and power nation to nation we went.

He let none oppress us, guarded chosen people,
prophets,
Famine came he sent Joseph, to Egypt to face many
tests.

Pharaoh freed, set him ruler over elders, princes of land,
Father Jacob, brothers came, fed from his generous
hand.

They settled strong, fruitful, cruel Egypt enslaved them,
He sent Moses, Aaron to free, by wonders in land of
Ham.

He made day dark, water blood, fish died, frogs fill
home,
Flies, gnats cover land, hailstorm kills fruit tree and vine.

Locusts ate everything, first-born of sons passed away,
He led out with silver, gold, by fire at night, cloud by
day.

When asked he supplied quails, each morn bread
aplenty,
Split rock for water, honours oath to Abraham faithfully.

Led people with joy, singing, to land of milk and honey,
Keep statutes obey laws, live with God in harmony.
“

Psalm 106.

Israel Tests God's Patience

“Give thanks to God he's good, blest are just all the
time,
Remember me as you bless people, your chosen ones.

We, fathers are sinners who forget your great love deeds,
Doubted Most High at Red Sea, he dried it to make a
road.

He saved from foes, sea surged back, they all drowned,
Israel believed, praised, but in desert tested God's hand.

Wasting ill-killed them, some jealous of Moses, Aaron,
Earth opened swallowed them, fire burned wicked then.

We made a calf, worshipped, sold God's glory for a bull,
Forgot miracles done in Egypt, rebelled asserted our will.

Moses cried on their behalf, pled they all shouldn't die,
Doubting God's promised land, he said in desert you lie.

They adored Baals, prosperity gods, plague struck
camps,
Phinehas the priest prayed and they got another chance.

At Meribah waters they moaned, Moses gave rash
rebuke,
They didn't clear land as told, the easy pathway they
took.

Merged with nations and gods, sacrificed kids to
demons,
Land polluted by blood, God angry then for good reason.

He let bad men rule with brutal power to subject,
oppress,
God saved, often pitied, with love he wanted to bless.

Gather us Lord from nations, to praise, glorify your
name,
Blest be Lord God of Israel always, people said 'Amen'.

Psalm 107. God's City Haven

"Give thanks to God he's good. his love endures for
ever,
Let God's people from east, west, north, south gather.

Via deserts hungry, thirsty, they found no city to dwell
in, Then asked God to guide them, reached a city to
settle in.

Thank God's steadfast love, hungry, thirsty he satisfies,
Some in prisons in irons, spurned council of Most High.

Hearts bowed by hard labour they fell, had none to
assist,
They called God in trouble. he delivered from distress.

God with steadfast love smashes bronze door, iron bar,
Some ill from sin, loathed food, hovered at death's door.

They sought God in distress, he sent word, healed them,

Thank the Lord for his love, offer sacrifices with song.

Some at sea in ships saw wondrous deeds of God in
deep,
He made wind whip up waves, they jelly like with fright.

Crying to God in peril, he calmed storm, hushed waves,
They happy to reach haven, thank the Lord for his love.

God turns rivers into desert, springs into thirsty ground,
Fruitful land into a salt waste, where evil ones are found.

He makes desert an oasis and there lets hungry dwell,
To grow grain, grape, fruit, build cities, prosper, all well.

In oppression, sorrow, he banishes princes to wilderness,
Raises needy from affliction, learn wisdom, God bless."

Psalm 108. God Guides Our Destiny

"With true heart I sing O God, harp, lyre, soul wake
dawn,
I thank you among the peoples, praise you among
nations.

Your steady love is heavenly, faithfulness reaches
clouds,
Be exalted God above heaven with glory in all the
world.

God vows in sanctuary, Shechem, Moab, Edom,
Philistia,
Took Gilead, Manasseh. Ephraim helmet, sceptre Judah.

Near walled city O God you were not with our army,
Only God can beat our foes, with God we do valiantly."

Psalm 109. Judgement for Oppressors

"Hear O God my praise, evil men attack with hate and
lies,
Return evil for good, spurn love, I'll bring them to trial.

Find him guilty, end life, seize goods, make sons
orphans,
Make wife widow, children beg, creditors get all he
owns.

Leave none to help him, erase his name from earth,
May sins of father, mum be known, ever in God's court .

For they weren't kind, hounded poor, needy to death,
Let curse rebound, blessing deny, he a scourge on earth.

My rewards from God, I'm broken hearted, poor, needy,
Knees weak, body gaunt, scorned by all who accuse me.

Help me God by your love, show foes what you've done,
May they be dishonoured, shamed, for cruel oppression.

I'll give thanks to God, praise him among the throng,
He's on hand for needy, their persecutors saves from."

Psalm 110.
God and His Anointed

"God invites my Lord to right hand, makes foes
footstool,
Sends from Zion mighty sceptre, in midst of foes to rule.

Your people join freely, you lead host to holy mountain,
Like dew youth are yours, from the womb of the
morning.

The Lord swore you're a priest forever like
Melchizedek,
He at your right hand, shatters kings, chiefs who
attack."

Psalm 111.
Fear God and be Wise

"I thank God with all heart, with upright in
congregation,
See God's great works, honour, majesty, right
displaying.

The Lord's gracious, merciful, feeds those who fear him,
His works faithful, just, people have heritage of nations,

Obey his precepts faithfully, they're true and everlasting,
He redeemed his people, fear of God is start of wisdom."

Psalm 112.
The Triumph of Good

"Blest one who fears God, delights in his
commandments,
Wealth, riches are his, his kin will be mighty in the land.

Light beats darkness for upright, who generously lend,
Conducting affairs justly righteous won't be condemned.

The right won't fear bad news, heart has firm trust in
God,
Knows he'll overcome foes, gives freely to those in
need.

His righteousness endures forever, evil seeing are angry,
Gnash teeth, melt away, his desires never come to

reality."

Psalm 113.
God Helps the Lowly

"Praise God O servants of the Lord, bless him evermore,
From rising of sun to setting. the Lord's name all adore,

The Lord's high above nations, his glory beyond
heavens,
Who's like God on high, he looks down on earth,
heaven.

He raises poor from dust and lifts needy from ash heap,
To sit with princes, have children, barren woman keep."

Psalm 114.
Israel's Journey

"Israel departed Egypt, Jacob left a strange tongue land,
Sea, Jordan retreated, mountains skipped as ram, lamb.

God made Judah holy, tremble O earth before the Lord,
He turns rock into springs, tremble before Jacob's God."

Psalm 115.
Praise God not Idols

"Not us God, your name be glory, your love,
faithfulness,
Our God above reports to none, idols are dumb, useless.

Eyes can't see, ears hear, noses smell, unfeeling hands,
Feet don't walk, can't think and from mouth no sound.

Idol makers are like them, so too all who trust in them,
God helps and shields, trust him O Israel house of
Aaron.

God bless all fear him, Israel, Aaron, house great or
small,
God heaven, earth shares with us, living praise the
Lord."

Psalm 116.
The Faith Test

"I love the Lord he heard my plea, when death pursued
me,
I suffered distress, anguish, I called out to God 'Save
me.'

Gracious, merciful, righteous is God, who gives soul
rest,
He saved my eyes from tears, in pain I passed faith test.

What shall I offer the Lord, for all his bounty toward me,
I'll lift cup of salvation, call the Lord's name trustfully.

I'll pay my vows to God in the presence of all his
people,
Saints' death is precious to God, he saved from trouble.

I'll offer a sacrifice of thanksgiving, call on name of
God,
In midst of Jerusalem, in courts of the house of the
Lord.“

Psalm 117.
Praise God All Nations

Praise God all you nations, all peoples of earth extol
him,
His faithfulness endures forever, deep love he's shown.

Psalm 118.
God Never Leaves Us

“Thank our good, loving God, Israel, Aaron, devout say,
'His steadfast love endures forever,' he'll make a way.

With God on my side I don't fear, see those who hate
me,
Trust in God not men or princes, for he gives the victory,

God's my strength, my song, from fall he's my
salvation,
Victory songs fill tents of the good, valiant his right
hand.

I'll live not die tell deeds of God, he's chastened me
sore,
Open to me gates of good, I enter, thank God even more.

The stone builders rejected, has become head of corner,
This is God's marvellous doing, be glad for day and
giver.

Blest one entering God's house, God light-giver leads
us,
Give thanks to God he's good, his true love endure“.

Psalm 119.
The Law of the Lord

Blessed are blameless who walk in the law of the Lord,
Blessed his testimony keepers, who seek wholehearted.

Who obey him, do right, keep precepts with diligence,
I praise with upright heart, learn righteous ordinances.

If only I kept all your commands, then I'd not feel
shame,
How can young men stay pure? Your word study, learn.

My whole heart seeks you, I'll not stray from your word,
I took your word to heart so against you I'd not act bad,

I love God's word more than riches, I keep your statutes,
Be kind to me O Lord so I live and observe your
precepts.

Show wondrous things in your law, as I need guidance,
I long for your truth, you rebuke straying, insolent ones.

I daily keep your word, your law my joy and counsellor,
My soul's dusty, sad, revive me God to match your law.

I chose faithfulness not lies, I run with your commands,
Help me do them more, your statutes I'll keep to the end.

Turn me from greed, vanity, in your mercy give me life,
Let your love, salvation be mine, ordinances my hope.

I walk freely, humble, honest, love your commandments,
Your promises ease woes, scorn of princes, godless men.

Foraker's of law anger me but I praise you every night,
Blest to keep your precepts, are all who do the right.

You help your servant God, teach truth, good judgment,
Your law's better than gold, silver, I'm your true
servant.

You made me know, obey, certain your judgments right,
Foes attack, hound me to death, save me from dire
plight.

I love, reflect on your law all day, I'm wiser than foes,
Than teachers or the aged, for I live by your testimonies.

Your word sweeter than honey, helps me hate false way,
It lights my feet path, under oath I obey you every day.

Truth my heritage heart's joy, I'll love, serve you to end,
I hate liars, love law, from evildoers, foes Lord defend.

I've done what's just, right, don't let godless oppress
me,
My eyes watch for your salvation, in love by law save
me.

Your law's wonderful light and true, I'll follow it's
steps,
Heal my sorrow and oppression so I keep your precepts.

I cry as we don't keep your law, foes forget your word,

Trouble anguish come to me, I joy in your command
God.

I wake at night, rise pre dawn, seeking your love, justice,
Deliver me from evil men, redeem as per your promise.

Your ordinances endure forever, I abhor all falsehood,
I praise 7 times daily in peace, love your law O Lord.

I praise your word for all your commandments are right,
I strayed like lost sheep, on life may your law shed
light.“

Psalm 120.
I Cry for Help

“In distress I cry to God. spare me from lying lips
tongue,
What penalty is my due, sharp arrow, hot coal, I’m done.

Woe is me I’m with rogues, live with haters of peace,“
I speak they’re for war, I’m upset being man of peace.

Psalm 121.
God My Helper

“I lift my eyes to the hills, where does my help come
from?
It comes from the Lord, who made earth and heaven.

He’ll not let a foot slip, he who keeps you won’t
slumber,
Israel’s guard doesn’t erase sleep, God’s your keeper.

He’s a sure shade, sun can’t smite by day, moon by
night,
God keeps from evil, going, coming, evermore he’ll
keep.“

Psalm 122.

“I was glad when I heard, let’s go up to house of the
Lord,
In Jerusalem strong city, tribes of Israel meet with God.

Pray for peace, love Jerusalem, in her walls peace reigns,
In house of the Lord, I seek the good of my brethren.“

Psalm 123.
Help O God

“To you I lift up my eyes, to you enthroned in the
heavens,
Servant’s eyes watch a master, maids her mistress’ hand.

Our eyes seek God’s relief, from scorn of those at ease,

From our soul’s suffering and contempt of proud
please,“

Psalm 124.
The Lord Our Help

“Israel knows God’s on our side when men rise against
us,
They’d swallow us alive, anger was kindled against us.

Flood would sweep us away, raging waves go over us,
Bless the Lord we’re unbeaten, as a bird God saved us.“

Psalm 125.
God Our Rock

“God like Mt Zion won’t move, we’re safe as Jerusalem,
Wickedness won’t enter land, foes will never evict them.

Help O Lord all doers of good, to those upright in heart,
But of crooked deeds the God of Israel will have no
part.“

Psalm 126.
Celebrating in Zion

“God restored fortunes of Zion, we were those who
dream,
We laughed nations said, ‘God did great things for
them,’

Restore us as stream in desert, sow in tears, reap with
joy,
We bring sheaves with us, come home with shouts of
joy.“

Psalm 127.
The Lord’s House

Unless the Lord builds a house, builders labour in vain,
Unless God watches a city, watcher stays awake sans
gain.

It’s useless to rise early, rest late, worry re daily bread,
God gives his beloved good sleep, fruit of womb reward.

Sons are a gift of God, happy all with quiver full of
them,
When we speak with foes in gate, we’ll not be in
shame.“

Psalm 128.

“Blest all walking God’s way, eating fruit, home

produce,
You'll be happy and well, be a fruitful vine in your house.

Your kids olive shoots at your table, blest for fearing God,
You'll see Jerusalem thrive, descendants will be heard.“

Psalm 129.
Israel's Problems

“Israel says ‘I'm young, ill,’ but foes haven't overcome me,
They ploughed my back, made deep long furrows on me.

But God cut cords of evil, haters of Zion he turned back,
As grass on rooftop withers, rejected by binder of stack.“

Psalm 130.
Waiting for God

“From deep I cry to you O God, hear my supplications,
If God kept score who'd stand, forgive our transgressions.

I hope in God's word, wait, as a watchman for morning,
Israel hope in God's love, redeemer from all your sinning.“

Psalm 131.
Trusting the Lord

“God my heart's humble before mysteries, I quiet my soul,
Calm as child at mother's breast, trust God forever Israel.“

Psalm 132.
Promises to David

Recall Lord in David's favour, struggles, vow he made
To not enter home or sleep, till he built a house for God.

Tabernacle people said, ‘Let's go to his house, footstool,’
Lord reside in the Ark, priests and saints bless us all.

God swore oath to David, ‘Your son I'll set on throne,
If he keeps covenant I teach him, sons forever I'll crown.

God made Zion home forever, to bless, give poor bread,
Her priests clothed in salvation, joy for sons of David,“

Psalm 133.
Dwelling in Unity

How good and pleasant it is, brothers dwelling in unity,
As precious oil on head, runs down Aaron's beard freely.

Flows on collar of robes, like dew on mountains of Zion,
There God gives life evermore, this is his great blessing.“

Psalm 134.
Bless the Lord

“Bless the Lord servants, who are nightly in house of God,
Lift hands in holy place, bless one heaven, earth made.“

Psalm 135.
Praise the Lord

“Praise God his servants, stand in the courts of our God,
Praise him good and gracious, he chose Israel and Jacob.

God's great above all gods, he rules heaven, earth, seas,
Makes cloud rise, lightning, rain, wind from storehouses.

He smote firstborn of Egypt, opposed Pharaoh and co,
Slew nations and kings, gave land to Israel to plough.

Your name Lord endures forever, freely love your people,
Nations, idols of silver, gold, talk or see they're not able.

They've ears but hear not, nor have any breath in mouths,
Same people who make them and all who in them trusts.

Israel, Aaron bless God, Levi house fear, bless the Lord,
Blessed be God in Jerusalem, in Zion, praise the Lord.“

Psalm 136.
God's Steadfast Love

“Give thanks to God he's good, his love endures forever,
Thank God of gods, for his steadfast love endures forever.

Thanks to Lord of lords, his firm love endures forever,
He alone does great wonders, his love endures forever.

Praise he who made heaven, who on waters spread earth,
Who made sun to rule day, moon, stars to light night path.

He smote Egypt's first-born, his sure love lasts forever,

He brought Israel out free, his deep love endures forever.

With strong hand, extended arm, split Red Sea asunder,
Israel cross, Egyptians drown, his love endures forever.

He led through desert, great, famous kings didn't
deliver,
He gave land to Israel, his steadfast love endures forever.

He helped us when low, saved from foes, feeds whoever,
Thank God of heaven, for his great love endures
forever.“.

Psalm 137.
Remembering Zion

“By Babylon's river we sat down, we wept recalling
Zion,
On willows we hung lyres, captors demanded a song.

But how could we sing God's song, or forget Jerusalem?
Edom, Babylon destroyed city, see what you did to
them.“

Psalm 138.
The Lord is Great

“I thank you Lord before gods, praise with whole heart,
You love, are faithful, in temple you nurture my soul.

Kings of earth praise you God, they sing of the Lord,
The Lord high loves lowly, no proud can hear his word.

You preserve my life, save me from foes by your hand,
God fulfils his purposes. I celebrate work of his hands.“

Psalm 139.
God Knows our Hearts

“God you search, know me, when I rise up or I sit down,
Know my thoughts, my path, all ways, my lying down.

Know what I'll say beforehand, you're before, behind
me,
Such knowledge is too great. so high it escapes me.

Where shall I go from your Spirit, how escape presence?
If to heaven you're there, with me even in Sheol's
prison.

If I take wings of morning, dwell in uttermost parts of
sea,
Even there you lead me, your right hand will hold me.

If I say 'Let darkness cover me and my light be night,'
Dark of night is as day to you, you'd turn dark into light.

“

You formed me in mum's womb, praise your great
works,
You know me inside and out, I'm made in earth's
depths.

As foetus I was in your book, my day before me
planned,
Your thoughts God are precious, number more than
sand.

Waking I'm with you but do slay wicked who defy you,
They plot evil, shed blood, I hate all who rise against
you.

Search me God know my heart, try me, my mind know,
See if there's evil in me, lead me in the everlasting
way.“

Psalm 140.
A Prayer for Protection

“Save me Lord from evil men, who scheme to stir up
war,
Tongue sharp, poison snake, not be their target anymore.

Any day I may be ambushed, pray 'God be my
deliverer,'
Shield head in battle, don't support desires of evil
plotter.

Those by me lift head, let burning coals fall upon them,
Let no slander be in land, let evil hunt down violent
man.

God maintains cause of afflicted, brings justice to needy,
Righteous thank your name, upright live with you sure.“

Psalm 141.
The Lord Our Defender

“I pray Lord come quickly, my prayer is incense
offering,
Watch my lips, guard words, heart free of bad thinking.

Keep me from evil men, good men can rebuke me
kindly,
Let no wicked anoint head, I pray against bad deeds
daily.

As they're caught, tried, they know God's word is true,
Rock struck by hammer breaks, their bones strewn too.

I seek your refuge Lord, don't ever leave me
defenceless,

Keep me from trap, snare of foes, I flee they trap selves.“

Psalm 142.
Help in Time of Need

With voice I pray to God, pour out complaints of trouble,
My spirit's faint you know me, they set trap I stumble.

I need help but none cares, so I cry to my refuge the Lord,
He's one I want most, when alone, depressed, afraid.

Save me foes are too strong, bring me out of this prison,
Care for me I'll give thanks, let righteous me surround.“

Psalm 143.
Lord Hear My Prayer

“Hear prayer, in mercy answer, you know none is perfect,
Foes pursue me, crush my life, like dead I sit in darkness.

My spirit faints, heart stops, do as you did in days of old,
I stretch out hands to you, my soul thirsts as parched land.

Answer now, don't hide Lord, I'm sliding down into pit,
Tell in morn of your love, teach me your way, soul lift.

Free me of foes, I flee to your arms, show God you are,
Let your good spirit lead me, guide me on a level path.

For your name's sake keep me, bring me out of trouble,
In love cut off all my foes, for I your servant am humble.“

Psalm 144.
God My Fortress

“Blessed be God my rock, fortress, he trains me for battle,
As stronghold, deliverer, shield, he's subduer of people.

O Lord who are we that you think of us, our kids you love,
Our days are a passing shadow, come from heaven above.

May lightning scatter, arrows rout, rescue us from aliens,
They tell lies not truth, a new song to you O God I'll sing.

You give victory to kings and me from war deliver,

May young be strong plants, standing like palace pillar.

May silos be full, sheep cover fields, cattle easily birth,
No cry of distress in streets, be happiest people on earth.“

Psalm 145.
The Majesty of God

“I praise the name of my God and King for his greatness,
Era to era we praise your works, you're simply majestic.

We proclaim your great acts, tell fame of your goodness,
God's slow to anger, abounds in love, creation will bless.

All saints bless you O God, kingdom's power and glory,
Make known your mighty deeds, kingdom is for eternity.

The Lord's faithful in word, deed, lifts all who are falling,
All seek food in season, you satisfy every living thing.

The Lord's always just and kind, near all who call on him,
He helps all who fear him, hears their cry and saves them.

He preserves all who love him but wicked he'll destroy,
I'll speak praise to the Lord, let all flesh praise him in joy.“

Psalm 146.
Lifelong Love of God

“I'll praise God as long as I live, not put trust in princes,
When we die we return to earth, with us perish our plans.

Happy all whose hope in God, he made heaven, earth, sea,
In justice he helps oppressed, provides food for hungry.

He frees felon, opens blind eyes, loves, lifts those down,
Helps widow, orphan, alien, praise be brings evil to ruin.“

Psalm 147.
God is Israel's Protector Provider

“Praise our gracious God, builds Jerusalem with outcasts,
Binds wounds, heals broken hearts, names, numbers stars.

God great in power knowing, lifts lowly, puts evil down,
Sing to God thanksgiving, with lyre in country and town.

He gives fresh rain to earth, grass on hills feed the
beasts,
Tends young bird on nest, counts no strong man or
horse.

God likes all who fear him, who in steadfast love hope,
Praise God Jerusalem, Zion, he strengthens bars of gates.

He blesses kids, protects border, gives wheat, rules well,
Sends snow, melts frost in morn, ice cold in winter spell.

Has wind blow, water flow, to Israel tells word, statutes,
To no other nation has he shown self, told his
ordinance“.

Psalm 148.
Praise the God of Creation

Praise God in high heaven, praise him all angels and
host,
Praise him sun, moon, stars, praise him mighty seas
most.

Let all praise God's name, all created at his command,
He set their roles, limits, fire, hail, snow, frost he sends.

Sea monster deep mountain, fruit tree beast cattle cedar,
Creeping things bird king people, youth child and elder,

Praise holy name of God, his glory's above earth
heaven,
Praise him saints of Israel, he raised up a horn for them.“

Psalm 149.
Sing to the Lord a New Song

“Sing God a new song of praise in assembly of the
faithful,
Rejoice in our Maker King, dance for joy to lyre,
timbrel.

God takes pleasure in people, leads humble to victory,
Let's sing for joy on couches, faithful exalt in his glory.

Let high praises of God echo, two-edged swords in
hands,
To wreak judgement on peoples, vengeance on nations.

To bind nobles in fetters of iron, put their kings in
chains,
To serve judgment written, this glory for all faithful
ones.“

Psalm 150.
A Peon of Praise

“Praise God in sanctuary, praise him in mighty
firmament,
Praise him for great deeds, for excellence give thanks.

Praise him trumpet, lute, harp, string, pipe, dance
timbrel,
Let all that breathes praise God, praise with loud
cymbal.“